



PNBHS Pool – Palmerston North SUNDAY 21st April 2024 Warm up 12.00pm, Racing starts 1:30 pm

Schedule of Events:

Event #	Event Name	
1	Mixed 9 & Under 25 Freestyle	11
2	Mixed 9 & Under 25 Butterfly	12
3	Mixed 100 IM	13
4	Mixed 200 Butterfly	14
5	Mixed 50 Backstroke	15
6	Mixed 100 Breaststroke	16
7	Mixed 50 Freestyle	17
8	Mixed 200 Backstroke	18
9	Mixed 50 Breaststroke	19
10	Mixed 100 Butterfly	20
		21

- Mixed 200 Freestyle
- Mixed 9 & Under 25 Breaststroke
- Mixed 9 & Under 25 Backstroke
- 4 Mixed 400 IM
- 15 Mixed 100 Freestyle
- 16 Mixed 50 Butterfly
- 17 Mixed 400 Freestyle
- 18 Mixed 200 Breaststroke
- 19 Mixed 100 Backstroke
- 20 Mixed 200 IM
- 21 Mixed 200 Freestyle Relay

Conditions of meet:

- Age is at 21 April 2024.
- Entry fee 25m events \$5.00 per race; all other events \$7.50 per race. Relay entries \$12.00 per team.
- All events will be swum as mixed gender, timed finals.
- Swimmers may enter **four (4)** individual events ONLY.
- **Relay** teams can have 4 swimmers: 2 male and 2 female swimmers.
- This meet is a Designated meet all results will be submitted to SNZ database.
- The organisers reserve the right to limit entries or alter the programme if the need arises.
- Entries must be submitted online through the SNZ database using FASTLANE.
- **Times must be held in the SNZ database for all** 200m and 400m races. Clubs must submit coach's times for all other events within 24 hours of the psych sheets being circulated.
- The meet will be swum under the current World Aquatics, SNZ and Para rules where sufficient qualified officials are available.
- This flyer, psych sheets and results will be available on the Swimming Manawatu website.
- Entries close Sunday 16th April 2024 at 10pm.
- DASC will endeavour to provide a full complement of officials.
- All Clubs are requested to provide time-keepers and officials where they can to ensure this event is a designated meet. Names of timekeepers etc to be submitted by 20th April 2024.
- Please ask your swimmers not to remain behind the blocks unless beginning or ending a race, there is very little space.

All enquiries to DASC race secretary dascracesec@gmail.com